



Learning through Everyday Activities

PBS KIDS and the READY TO LEARN INITIATIVE

Explore the wonder of learning with your children anytime, anywhere! As your children head back to school, do these simple everyday activities together to reinforce their learning.



At mealtimes

Have fun with food words while you eat. For example, if you serve potatoes, chicken, and peas for dinner, talk about which of the foods begin with the same /p/ sound. Look for other items on the table that begin with /p/ sounds, like *plate* or *pepper*. You can also take turns coming up with words that rhyme with something you or your child is eating. For example, *cheese* rhymes with *peas*.

In the kitchen

Create new recipes or follow favorite ones with your child. Count ingredients together. You can count the number of apples for a pie or the number of carrots to add to a stew. Show your child the recipe so he can see what a written recipe looks like.

At the grocery store

Look for letters everywhere—on food labels, signs in the store, and magazines on the racks at checkout. Give your

child a packaged food item, like a box of cereal. Point out different letters (start with the first letter in your child's name) on the food item and ask your child to find more of those letters on other foods in the store.

On a walk around the neighborhood

Hunt for shapes with your child by looking for them in your community. You can find rectangles in buildings (windows and bricks), circles in cars (wheels), and triangles in signs (yield signs). Take pictures and create a shape book at home.

At the playground

Build your child's position vocabulary by talking with her about what she's doing—going *up* and *down* a slide, crawling *across* a bridge, standing *under* a tree, or sitting *on* a bench. **TYC**



Find more everyday learning tips on the **Play & Learn app** from PBS KIDS.
pbskids.org/apps

naeyc

for families

Visit families.NAEYC.org to browse articles about outside time, reading together, and more!

This message is meant to be cut out, photocopied, and sent home with children as a resource for parents! It is also available online at NAEYC.org/tyc.

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